BEST SUMMER EVER

Summer Camp 2017
WELCOME

The Blue Mountain Day Camp (BMDC) is located in beautiful Sussex County New Jersey on the shores of Fairview Lake in Stillwater. The abundance of unspoiled wood lands and a mile-long natural lake creates endless opportunities for children to learn and explore. With facilities normally seen only to overnight camps, BMDC offers an exciting, creative summer day camp experience for children. Key to this camping experience is a mile-long lake with fishing, sailing, water sports, and swimming. Tennis courts, basketball court, climbing tower, sports field, art, horseback riding, archery and riflery ranges are just a few of the great facilities at BMDC.

BMDC campers will have the chance to explore and grow through this strong tradition of quality programming and fun - all while making life-long friends. Our experienced staff guides campers through a wide range of classic day camp activities, as well as special days and events that reflect the spirit of Blue Mountain Day Camp.
Blue Mountain Day Camp (BMDC) is proud to be accredited by the American Camp Association (ACA) and is licensed by the state of New Jersey. Located on the shores of beautiful Fairview Lake, this unique camp offers all of the amenities of a sleep-away camp in a convenient day camp format. Packed with age-appropriate activities and experiences, campers are grouped together by grade for activities such as team-building exercises, games and sports. Campers discover new interests by exploring activities that focus on building self-esteem, confidence and social skills while increasing independence and health and wellness awareness. Your camper will have fun and make new friends in a safe, supportive environment. Transportation to BMDC is available from several towns in Sussex County. Visit our Web page for pick-up locations.

Each day begins with a gathering at the fire ring, followed by a structured morning filled with activities and daily swim lessons and then an afternoon of free swim and activities.

Activities: archery, arts and crafts, canoeing, climbing tower, fishing, games, group swim lessons, hiking, recreational swim, riflery, sailing, sports and survival skills.

Staff
We carefully select and screen caring role models who demonstrate a passion for developing confidence and good character in youth. The Y maintains a commitment to a recruiting process that includes comprehensive training and background checks.

How to Register
Complete the registration form and return the original signed form to the Sussex County YMCA. All campers are required to be members of one of the Metropolitan YMCA of the Oranges branches throughout the length of camp participation. A $100 deposit per session is required at the time of registration and the balance for all sessions is due in full by June 1, 2017. Payment plans are available.

Financial Assistance
Every child deserves a camp experience. Through the ANNUAL CAMPAIGN, the Y raises money for camp scholarships. Please call or visit metroymcas.org/main/financial-assistance/ for more information and an application. Deadline for camp Financial Assistance Application is April 15, 2017.

American Camp Association Accreditation (ACA)
As a leading authority in youth development, ACA works to preserve, promote, and improve the camp experience. In partnership with ACA, the YMCA is committed to ensuring that all YMCA camps provide:

- Caring, competent adult role models
- Camp communities committed to safe, nurturing environment
- Healthy, developmentally-appropriate experiences
- Service to the community and the natural world
- Opportunities for leadership and personal growth
- Discovery, experiential education and learning opportunities
- Excellence and continuous self-improvement

What to Bring To Camp
- Lunch and drink (clearly marked with camper’s name)
- Additional water bottle to be kept in back pack
- Bathing suit and towel
- Plastic bag for wet articles
- Raincoat or poncho (weather is unpredictable)
- Bug spray
- Sweatshirt or sweater/jacket
- Footwear must be sturdy and closed toe appropriate for camp.
- Sandals or flip flops are not permitted.

Camp T-shirt and swim lessons are included. Some trips have additional bus fees.

BLUE MOUNTAIN DAY CAMP:
Camp Dates: June 19 – August 18
Camp Hours: 8:30am–5:00pm
Camp Location: Fairview Lake YMCA Camps
1035 Fairview Lake Road
Newton, NJ 07860
Camper-to Staff-Ratio: 3–4 years: 5 to 1; 5 years: 6 to 1; 6–8 years: 8 to 1; 9–11 years: 10 to 1.
Camp Director: Carolyn Koch
Ckoch@metroymcas.org or call 973 383 8000 (6/20-8/19 only)
Camp Registrar: June Papa
Jpapa@metroymcas.org or call 973 209 9622

Visit sussexcountyymca.org for more information.
BLUE MOUNTAIN DAY CAMP
FUN FOR ALL KIDS!

**TURTLES (Ages 3–5)**
Turtles participate in many different activities that cater to their individual needs. Themed weeks allow for easy transition when it comes time for school in the fall. Campers must be potty trained prior to the start of camp.

**PACERS (Entering grades 1–3)**
Learn new skills and gain a new understanding of the world around them. Social skills and confidence is emphasized.

**PATHFINDERS (Entering grades 4–6)**
Pathfinders enjoy all the traditional camp activities listed on the previous page. Campers will increase independence, learn teamwork skills and understand responsibility. Horseback riding is available.

**PIONEERS (Entering grades 7–9)**
Children are learning to make decisions about the world on their own. Campers will focus on increasing good decision-making skills and are encouraged with positive and challenging, fun character-building experiences. Horseback riding is available.
HORSEBACK RIDING (Entering grades 4-9) Space is limited, register early.

Horseback riding is offered to Pathfinder and Pioneer campers during sessions 1, 2, 3 and 4. In addition to riding trails, campers will learn about caring for horses and horsemanship. Proper attire is required. Riding helmet is provided.

COUNSELOR-IN-TRAINING PROGRAM (CIT) (Teens age 15+)

Many of our staff were once CIT’s! In the CIT program, teens learn the skills necessary to be a counselor: Leadership, organization, problem solving, becoming a team player, and guiding children behavior. CIT’s participate in a variety of traditional camp activities, as well as work with younger groups of campers. Successful participants are invited to volunteer at Blue Mountain Day Camp in late Summer.

CAMP OPEN HOUSES
2-4pm

Rain or Shine

SUNDAYS
February 12
March 19
April 9
May 7

All open houses are held at Fairview Lake YMCA.
1035 Fairview Lake Rd., Newton, NJ
(P) 800 686 1166
**MAKE IT A FAMILY GAME NIGHT**

**The Game in Brief:** CAMPOPOLY is a game of sharing stories of camp experiences and using math skills to earn 100 points to win.

Starting from GO CAMP space, move your token around the board according to your roll of the dice. When you land on the camp, you get to earn the points and you collect point to 100.

**THE OBJECT:** first person with 100 points wins.

**THE PLAY:** Each player in turn throws the dice. The player with the highest total starts. Followed by placing your token on the corner marked “GO CAMP,” throw the dice and move your token in the direction of the arrow the number of spaces indicated by the dice.

**PREPARATION:** Place the board on a table. Each player will choose one token to represent him or herself while traveling around the board.

**INTERACTION SPOTS:**

“GO CAMP”: Each time a player’s token lands on or passes over GO, they must tell 2 camp stories.

“?”: Each time a player’s token lands on a question mark they must tell:

- A best camp memory?
- Where would you like to go this summer?
- One thing you want to try this summer?
- What is your favorite book?

“PLAYGROUND”: Swap spaces with someone on the board.

“SWIMBREAK”: Get an extra turn.

“GO TO PLAYGROUND”: Go to the playground and swap spaces with someone on the board.

**SCORING BREAKDOWN:**

Pink – 1 point

Light Blue – 2 points

Purple – 3 points

Orange – 4 points

Red – 5 points

Yellow – 6 points

Green – 7 points

Darker Blue – 8 points
SUMMER AT THE SUSSEX COUNTY YMCA provides a safe and enriching environment for campers to participate in healthy, developmentally-appropriate activities and learning experiences. Our camps focus on building self-esteem, confidence and social skills while increasing independence and health and wellness awareness. Your camper will have fun and make new friends while exploring new experiences.

There are many options for your child to choose from. We offer a summer experience of a lifetime to children age preschool to eighth grade. From half-day camp to full-day camp, there is something for everyone.

**SUMMER Y DAY CAMPS**
**FUN, DISCOVERY AND NEW ADVENTURES**
Full-day and half-day camps available for ages 3 through grade 8. Plus a CIT camp for grades 9 and 10.

**SUMMER Y SPORTS CAMPS**
**BUILDING CONFIDENCE AND TEAMWORK**

**NEW SPECIALTY DAY CAMPS**
**NEW ADVENTURES FOR NEW EXPERIENCES**
Full-day and half-day camps available for grades 2-9.

Visit sussexcountymca.org for more details or call 973 209 9622 today.
CAMPER INFORMATION (Required)

CAMPER NAME

First ____________________________
Last ____________________________

Home Phone _________________________
Date of Birth __________ Gender: ________
Age as of 7/1/17_________ Grade as of 9/1/17_________
Home Address __________________________________________________________________
City/Zip ________________________________________________________________________

PARENT/GUARDIAN (1)

Full Name ____________________________
Work # _______________________________
Cell (Required) ________________________
Day/Work Location _______________________
Primary E-mail (Required) ________________
Secondary E-mail ________________________
Address (if different than above) ______________________________
City/Zip ______________________________

PARENT/GUARDIAN (2)

Full Name ____________________________
Work # _______________________________
Cell (Required) ________________________
Day/Work Location _______________________

EMERGENCY NOTIFICATION INFO (Required)

In case of emergency, if after both primary guardians cannot be reached, please list two additional people who can be contacted and would be authorized to pick up your child. Photo ID required.

1. Name ____________________________
   Phone # ____________________________ Relation ________
2. Name ____________________________
   Phone # ____________________________ Relation ________

ALTERNATE PICK UP INFORMATION

Please list two additional people who are authorized to pick up your child at any time. Photo ID required.

1. Name ____________________________
   Phone # ____________________________ Relation ________
2. Name ____________________________
   Phone # ____________________________ Relation ________

HEALTH HISTORY (Required)

List any current allergies: __________________________

List any current dietary restrictions: __________________________

List any current or past medical treatment that would affect your child’s day at camp: __________________________

List any activities your child should be restricted from: __________________________

Describe any current physical, mental, or psychological conditions requiring medication, treatment, or special restrictions or considerations while at camp: __________________________

List any current medications (prescription and over the counter): __________________________

Reasons for the above medications: __________________________

Medications to be administered at camp must be in original container accompanied by written and signed instructions from the parents and doctor on a permission to medicate form. Example: Epi pen must be in original container. Campers may not carry medication at any time.

CURRENT IMMUNIZATIONS (Required)

Vaccinations are required by the NJ Department of Health prior to camp attendance. (Check One)

☐ I attest, by my signature following this statement, that all immunizations required by the NJ Department of Health for my child’s participation in camp are up to date and that my child has a current DTap shot with the month and year stated below.

☐ Or, I attest that I have signed and provided to the Y a waiver exempting my child from vaccination due to religious or other reasons.

Date of last DTap shot: Month ________ Year ______

Your child’s medical insurance carrier: __________________________

Group Policy #: __________________________

Name of Physician: __________________________

Phone #: __________________________

Name of Dentist: __________________________

Phone #: __________________________

Permission to Treat: Informed Consent – By signing this agreement, I believe that my child is qualified physically, mentally and emotionally for camp and understand there is some risk involved in all physical activities. I agree to place my child in the care of the camp staff, subject to its program policies. I give permission for him/her to take part in all camp activities and field trips. In the event the responsible parents/guardians cannot be reached, I give my permission to the medical personnel selected by the camp to transport, hospitalize, secure proper treatment for, and to order injections, x-rays, routine tests, anesthesia or surgery for my child and to release any records necessary for treatment, referral, billing and insurance purposes.

Signature (Required) __________________________
**PAYMENT OPTION**

- **CASH**
- **CHECK**
- **CREDIT**

**CAMP DATES**

<table>
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<tr>
<th>CAMP DATES</th>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
<th>Session 4</th>
<th>Session 5</th>
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**PAYMENT SUMMARY**

**PAYMENT OPTION**

- **CASH**
- **CHECK**
- **CREDIT**

**EASY PAYMENT PLAN/PAYMENT**

- Authorization for **EASY PAYMENT PLAN** (credit card only): five equal credit card payments on the 15th of each month, starting January 16, 2017 to May 16, 2017.
  Contact the camp director after January 16 for options.
- I authorize you to charge my balance due to my credit card on May 16, 2017.
- Credit Card #: 
  Exp. Date: 
  Name on Card (Print): 

**Rules for Acceptance and Participation in Camp** – are the same for everyone without regard to race, color, national origin, sex, age or disability. It is understood that all campers will be treated as individuals and respect will be shown for differences in tastes, preferences, abilities and range of behavior patterns. The Y reserves the right to dismiss a child from camp whose special needs we are not able to meet or whose conduct is not in the best interest of the total camp — without refund.

**Current Membership and a $100 Deposit per session are required upon registration** – The registration deposit fee is applied to the total camp bill.

**Refund Policy:** deposit fees are non-refundable and non-transferable. It is understood that in the case of dismissal or voluntary withdrawal, **There are NO Refunds of Camp FEES after May 16, 2017.** If it is deemed advisable to dismiss a camper for medical reason, one-half of the unused portions of the session(s) will be refunded.

**Discipline Policy** – I will review and reinforce the camper conduct and other camp policies with my child prior to the start of camp. Discipline at the Y is handled with much care and thought. Redirection and positive reinforcement are used to help children understand proper behavior. Campers not following the conduct policy may be suspended or expelled from camp with no refund.

**Other Fees** – Should they occur include: $35 for changes in registration after June 1, 2017; $50 surcharge for late payments after May 15th (if your child’s spot is not opened up to the wait list). **All requested changes must be submitted in writing.** Additional fees may include a late pick up fee of $15 per 15 minute interval starting from your child’s scheduled pick up time; $35 for returned checks.

**Photography Policy:** The Y has my permission to use any and all photographs taken of my child in camp activities in Y publicity. The YMCA values the privacy of its members. If I do not wish my child to be photographed at camp.

I have read all of the above information and I am fully aware of all of the terms and principles contained herein. All questions have been answered to my satisfaction. I agree that certain activities at the Y have risks which are inherent to the activity. No insurance has been included in membership or program fees. I further agree to indemnify and hold harmless the Y from any claims or demands arising out of any such injuries and losses.
In an environment created to highlight personal growth, each camper is empowered to strengthen relationships by participating in a wide variety of activities designed to build lasting skills and memories. At camp, magic happens. Join us.

SUMMER CAMPS
June–August
Grades 2–11
- Traditional Sleep-Away
- Environmental Trips for Challenge (E.T.C.)
- Ranch Camp
- Specialty Camps
- Counselor-In-Training Program (CIT)

ENVIRONMENTAL EDUCATION
August–June
As NJ’s largest provider of residential Environmental Education, we provide a once-in-a-lifetime experience for students, teachers and parents. Leave the classroom and explore 660 acres of fields and forests, join your classmates on a geocaching adventure, or develop leadership and communications skills in a setting like no other.

FAMILY AND SPECIALTY WEEKENDS
August–June
- Family Camp Weekends
- Mother/Daughter Weekend
- Father/Son Weekend
- Father/Daughter Weekend
- Mother/Son Weekend
- Women’s Wellness Weekends

REGISTER ONLINE
FairviewLakeYMCA.org
#MYFVL