BEST SUMMER EVER

Summer Camp 2017
The essence of West Essex YMCA camps is the presence of supportive relationships, meaningful opportunities and healthy, developmentally-appropriate activities in a physically and emotionally safe environment. Our camps nurture curiosity and discovery, enabling campers to learn and grow. Give your child the gift of camp and enjoy with your family many treasured memories for years to come.

WELCOME

BELONGING
We’re here to make kids feel welcome. To help them quickly realize this is a place where they belong and can be themselves. To try new things. To make new friends. And be a part of something great.

ACCOMPLISHMENT
We’re here to surround your kids with fantastic chances to try new experiences. Show them all they can do when they believe in themselves.

FRIENDSHIPS
We’re here to inspire kids to work together and play together, creating friendships that can last a lifetime.
The West Essex YMCA offers age-appropriate, progressive camp programs for ages 3 1/2 years to entering 10th grade.

Our Camps
• Camp Peanut Shell  
  (Ages 3½–5)
• Pioneer Trails Day Camp  
  (Pre-K – entering grade 8)
• Super Summer Day Camp  
  (Entering K – grade 6)
• Teen Adventure Camp  
  (Entering grades 7–9)
• Counselor-In-Training (CIT) Program  
  (Entering grades 9 & 10)
• Vacation Camp  
  (Entering K – 6th grade)

American Camp Association Accredited
As a leading authority in youth development, ACA works to preserve, promote, and improve the camp experience. In partnership with ACA, the YMCA is committed to ensuring that all YMCA camps provide:
• Caring, competent adult role models
• Camp communities committed to a safe, nurturing environment
• Healthy, developmentally–appropriate experiences
• Service to the community and the natural world
• Opportunities for leadership and personal growth
• Discovery, experiential education, and learning opportunities
• Excellence and continuous self-improvement

Our Staff
We carefully select and screen caring role models who demonstrate a passion for developing confidence and good character in youth. The Y maintains a commitment to a recruiting process that includes comprehensive training and background checks. A large percentage of our lead staff are year-round employees with many years of experience and training.

Before and After Care Camp Hours
All West Essex YMCA camps provide Before and After Camp Care at no additional cost. A variety of activities including organized games and crafts are offered in a supervised environment. Please check the camp listing for times and locations. Pre-registration is required.

How to Register
Early registration is recommended to secure a spot in the camp of your choice. Complete the registration form and return the original signed form to the West Essex YMCA. All campers are required to be members of one of the Metropolitan YMCA of the Oranges branches throughout the length of camp participation. A $50 deposit per week is required at the time of registration and the balance for all sessions is due in full by May 15, 2017. Payment plans are available, please speak to the Camp Registrar for details.

Financial Assistance
Every child deserves a camp experience. Through the ANNUAL CAMPAIGN, the Y raises money for camp scholarships. Please call or visit metroymcas.org/main/financial-assistance/ for more information and an application. Deadline for camp Financial Assistance Application is March 15, 2017.

All trip fees, camp t-shirts and swim lessons are included in your campers tuition.

All you need to do is send your camper to camp with a packed lunch, a swim suit, and a towel! Visit westessexymca.org for more information.

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CAMP PEANUT SHELL provides an introduction to the camp experience on an intimate scale for our youngest campers. Our staff create a positive learning environment, encouraging every camper to make new friends, become more independent and gain a new understanding of the world around them.

ACTIVITIES AND TRIPS
Each camp session is built around a fun theme that engages the campers in learning indoors and out. Campers follow a daily schedule which includes opportunities to be active, learn new skills and reinforce lessons learned in preschool in a fun, hands-on way.

Activities: STEM (Science, Technology, Engineering and Math) projects, gardening in our vegetable garden, arts and crafts, cooking, sports clinics, music and movement. Campers receive instructional swim lessons twice a week at the West Essex YMCA.

Please note - campers must be toilet trained.

Summer fun experiences are also available for children ages 1-3: This includes - water play days, sensory play sessions, sports and social skill building.
Campers 3½–5 years old
Camper-to-Staff Ratio NAEYC staffing and safety ratios are followed throughout the year.
Camp Dates June 26 – August 25 (Camp closed July 4)
3-day, 4-day or 5-day options available
Camp Hours 9:00am–4:00pm
Camp Location West Essex YMCA Peanut Shell Early Childhood Learning Center,
7 Regents St., Suite 706, Livingston, NJ 07039.
Camp Director Stephanie Anderson, 973 533 1511, Sanderson@metroymcas.org
Camp Registrar Toni Brannick, 973 992 7500, Tbrannick@metroymcas.org

BEFORE AND AFTER CAMP CARE is available from 8:00–9:00am and 4:00–6:00pm at no additional charge. Registration required.
PIONEER TRAILS DAY CAMP
PLAY ALL DAY AND MAKE LASTING FRIENDSHIPS

PIONEER TRAILS DAY CAMP offers a traditional day camp experience for youth from preschool through eighth grade. Packed with age appropriate activities and experiences, Pioneer Trails emphasizes teamwork, curiosity, problem solving and self-confidence, along with the Y values of caring, respect, honesty and responsibility throughout our program.

ACTIVITIES, CLUB TIME AND SPECIAL EVENTS/TRIPS
Campers are grouped by the grade they will enter in September. Our pre-K and Kindergarten campers are grouped together as the Cougars. All camp groups follow a daily schedule of specialty activities which takes them from the Flag Salute at morning line-up to the end of the camp day at 4:00pm.

Activities Archery, arts and crafts, computers, group swim lessons, indoor and outdoor sports, performing arts, recreational swim, science, tennis, and more.

Club Time Campers in 2nd – 8th grade choose an activity to explore each week from a changing menu of options including Art Club, Sports Club, creative writing, Science Club and more.

Special Events/Trips Weekly themes keep camp fresh throughout the summer and encourage campers to expand their interests. Each week of camp includes a special event such as an on-site educational/instructive program or field trip.

All trips are included in the cost of camp, along with pizza for all campers on Fridays!

TRADITIONS
Pioneer Trails Day Camp brings back many traditions year after year to the delight of our campers and staff. Highlights include the Camp Olympics, Talent Show and the end of Camp Carnival. The trip to Florham Park Roller Rink remains a rite of passage for our youngest campers and day at camp wouldn’t be complete without a camp song to follow our daily flag salute!
Campers  
Pre-K * – entering 8th grade  
*Please note – campers must be toilet trained.

Camper-to-Staff  
Pre-K & K: 5 to 1; Grades 1-3: 8 to 1; Grades 4+: 10 to 1

Camp Dates  
June 26 – August 11 (Camp closed on July 4)

Camp Hours  
9:00am-4:00pm

Camp Location  
Caldwell University, 120 Bloomfield Ave, Caldwell, NJ

Lunch Program  
On-line ordering available for an additional fee. Call for more information.

Camp Director  
Joanne Browne, 973 992 7500 x115, Jbrowne@metroymcas.org

Camp Registrar  
Kathie Amato, 973 992 7500 x113, Kamato@metroymcas.org

BEFORE AND AFTER CAMP CARE  
is available from 8:00-9:00am and 4:00-6:00pm on site at Caldwell University at no additional charge.

VACATION CAMP  
is available June 22-23 and August 21-25  
(See Vacation Camp page 13 for more information.)

Bus Transportation  
is available at no additional charge and covers the surrounding school districts including Livingston, West Orange, Roseland and the Caldwells. Schedule is available on our web site at westessexymca.org.
At Super Summer Day Camp, campers gain self-confidence and build their team-working skills each day through sports and specialty activities that engage their creativity and curiosity. The caring, well-supervised environment and the extended hours provides peace of mind for working parents.

ACTIVITIES AND TRIPS
Campers are grouped by the grade they will enter in September. Campers follow a daily schedule with specialty activities from weeks 1 – 7. We finish up camp during week 8 with the Camp Carnival, two all camp trips, Field Day and the Camp Dance!

Specialty Activities: Archery (weather permitting - Grades 4 and up), arts and crafts, CATCH Games, cooking, dance, drama, kick boxing, science, sports, swim lessons*, swimming, Yoga (*Y pool swimmers only).

Trips: Campers go on exciting trips weekly; one trip for grades K-3, one trip for grades 4 and up. Best of all, trips are included in the cost of camp, along with pizza lunch for all campers on Fridays!

Previous trips have included: Keansburg Water Park, Point Pleasant Beach, Turtleback Zoo, Camel Beach, Power House, Museums, Pump It Up, Tomahawk Lake, Funplex and so much more!
Vacation Camp is available June 22–23 and August 21–26 (See Vacation Camp page 13 for more information.)

Campers
Entering grades K-6

Camper-to-Staff Ratio
Grade K: 5 to 1; Grades 1-3: 8 to 1;
Grades 4 and up: 10 to 1.

Camp Dates
June 26 – August 18 (Camp closed on July 4)

Camp Hours
9:00am–5:00pm

Camp Location
All campers start the day at Livingston High School and finish the day at either West Essex YMCA or Livingston Town Pool (optional - town residents only, must provide own pool badge). Please indicate your choice on the registration form.

Lunch Program
On-line ordering available for an additional fee. Call for more information.

Camp Director
Fran Egnezzo, 973 992 7500 x114, Fegnezzo@metroymcas.org

Camp Registrar
Ava Collazo, 973 992 7500 x103, Acollazo@metroymcas.org
MAKE IT A FAMILY GAME NIGHT

The Game in Brief: CAMPOPOLY is a game of sharing stories of camp experiences and using math skills to earn 100 points to win.

Starting from GO CAMP space, move your token around the board according to your roll of the dice. When you land on the camp, you get to earn the points and you collect point to 100.

THE OBJECT: first person with 100 points win.

THE PLAY: Each player in turn throws the dice. The player with the highest total starts. Followed by placing your token on the corner marked “GO CAMP,” throw the dice and move your token in the direction of the arrow the number of spaces indicated by the dice.

PREPARATION: Place the board on a table. Each player will choose one token to represent him or herself while traveling around the board.

INTERACTION SPOTS:

“GO CAMP”: Each time a player’s token lands on or passes over GO, they must tell 2 camp stories.

“?”: Each time a player’s token lands on a question mark they must tell:
- A best camp memory?
- Where would you like to go this summer?
- One thing you want to try this summer?
- What is your favorite book?

“PLAYGROUND”: Swap spaces with someone on the board.

“SWIMBREAK”: Get an extra turn.

“GO TO PLAYGROUND”: Go to the playground and swap spaces with someone on the board.

SCORING BREAKDOWN:

PINK – 1 point
LIGHT BLUE – 2 points
PURPLE – 3 points
ORANGE – 4 points
RED – 5 points
YELLOW – 6 points
GREEN – 7 points
DARK BLUE – 8 points
TEEN ADVENTURE CAMP is designed to help teens strengthen decision making skills by encouraging positive values and providing challenging, fun and character building experiences. As teens are learning to make decisions about the world on their own, our caring staff provide guidance and a welcoming environment for all on the way.

ACTIVITIES, SPECIAL EVENTS AND TRIPS
Our camp follows an extensive travel schedule with trips each week to places such as: Dorney Park, local sporting events, a Broadway show, Laser Tag, NY City, Dave and Busters and local beaches.

An overnight at Fairview Lake Camp and Conference Center is a Teen Camp tradition each summer!

Campers  Entering grades 7-9
Camper-to-Staff Ratio  10 to 1
Camp Dates  Session 1 June 26 – July 14 (Camp closed on July 4)
Session 2  July 17 – August 4
Session 3  August 7 – August 25
Camp Hours  9:00am–5:00pm
Camp Location  West Essex YMCA or Livingston High School based on trip schedule.
Camp Director  Lisa Sheafer, Ext. 107, Lsheafer@metroymcas.org
Camp Registrar  Ava Collazo, Ext. 103, Acollazo@metroymcas.org
BEFORE AND AFTER CAMP CARE is available from 7:00-9:00am at Livingston High School and 5:00-6:30pm at the Y at no additional charge.
Leadership • Teamwork • Problem Solving
Guiding Children’s Behavior

Many of our staff started in the Counselor-In-Training program! CIT’s work with either Super Summer or Pioneer Trails Day Camps to develop and learn the skills necessary to be a counselor. CIT’s will be assigned to a senior counselor to shadow each week and will be exposed to an overview of the counselor experience by assisting in the guidance of campers as well as the preparation and execution of camp activities.

Preference is given to teens who have attended West Essex YMCA camps. A minimum of a three week commitment is required and must include the first session of camp.

To apply: Complete the CIT Application, including references, available at westessexymca.org and return it to the West Essex YMCA. All applicants will be interviewed prior to acceptance to the CIT program. Spaces limited.

• February 15, 2017 – deadline for CIT Applications from 2016 campers and first year CIT’s.
• February 16 – May 15, 2017 – Late Applications will be accepted based on program availability.

CITs
Entering grades 9 and 10

Camp Hours
Pioneer Trails 9:00am–4:00pm
Super Summer 9:00am–5:00pm

Camp Fee
25% discount on camp fee

Contact
Pioneer Trails CIT Program Joanne Browne, 973 992 7500 x115, Jbrowne@metroymcas.org
Super Summer CIT Program Ava Collazo, 973 992 7500 x103, Acollazo@metroymcas.org
VACATION CAMP WILL BE OFFERED TWICE IN 2017: at the beginning of summer for the schools dismissing early, and a week of travel camp at the end of summer, to wrap up a great summer and get ready for the school year.

**Campers**  Entering grades K-6
**Camp Location**  West Essex YMCA
**Contact**  Ava Collazo 973 992 7500 x 103, Acollazo@metroymcas.org

**Pre-Summer Vacation Camp**
Based at the West Essex YMCA, campers will enjoy sports and games, swimming and daily special events (a local trip or on-site special event). Attendance can be prorated based on your child’s last day of school.

<table>
<thead>
<tr>
<th>Dates</th>
<th>June 22-23</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>9:00am-5:00pm</td>
</tr>
<tr>
<td>Cost</td>
<td>$85 per day</td>
</tr>
</tbody>
</table>

**Before and After Camp Care** is available from 8:00-9:00am and 5:00-6:00pm at the Y at no additional charge.

**End of Summer Vacation Camp**
The day starts and ends at the West Essex YMCA, with a full day trip in between. Previous trips have included: Keansburg Water Park, Rainforest Café, Camden Aquarium and Liberty Science Center. Spaces are limited. To enroll in the End of Summer Vacation Camp, campers must attend a minimum of two weeks at Pioneer Trails or Super Summer. Attendance cannot be prorated.

<table>
<thead>
<tr>
<th>Date</th>
<th>August 21-25</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>9:00am-5:00pm</td>
</tr>
<tr>
<td>Cost</td>
<td>$430</td>
</tr>
</tbody>
</table>

**Before and After Camp Care** is available from 8:00-9:00am and 5:00-6:00pm at the Y at no additional charge.

Spaces are limited.
You are a part of a diverse organization of men, women and children joined together by a shared commitment to strengthen our community through youth development, healthy living and social responsibility.

As the nation’s leading nonprofit committed to strengthening community, we believe that lasting personal and social change can only happen when we invest in our kids, our health and our neighbors. Across the country, issues such as unemployment, chronic disease, educational disparities and poverty affect the strength of our communities.

But where society falls short, the Y steps in to effect lasting, meaningful change. Every day our impact is felt when an individual makes a healthy choice, when a mentor inspires a child and when neighbors come together for the common good. Everything the Y does is in service of making us—as individuals and a community—better.

THE METROPOLITAN YMCA IS...

A CHARITY

The Metropolitan YMCA of the Oranges is a cause driven charitable organization that believes everyone, regardless of age, income or background, should be enriched by the YMCA.

Financial aid recipients in our service area shared nearly $1.2M in 2016 for membership, programming, wellness initiatives, childcare and education.

A HUB FOR VOLUNTEERISM

The Metropolitan YMCA of the Oranges hosts more than 1,258 volunteers yearly through partnerships with community organizations, businesses, universities and local school districts.

A JOBS PROVIDER

The Metropolitan YMCA of the Oranges employs more than 1,400 people and is a significant provider of first-time jobs for teens and young adults. The Y supports local commerce by working with hundreds of local businesses.

Camp Changes Lives!
Donate to our Annual Campaign Today!

FOR MORE INFORMATION PLEASE VISIT:
metroymcas.org/give
CAMPER INFORMATION Required

CAMPER NAME
First ____________________________________________________
Last ____________________________________________________
Date of Birth ____________________ Gender ____________________
Age as of 7/1/17 __________ Grade as of 9/1/17 __________
Address __________________________________________________
City/Zip ___________________________________________________________________________
Address (if different than above) _______________________________________________________

PARENT/GUARDIAN (1)
Full Name __________________________________________________
Work# _______________________________________________________
Cell Required
Day/Work Location _____________________________________________
Primary E-mail Required for communicating camp information. Contact our office immediately if you do not receive our weekly newsletters during camp.

PARENT/GUARDIAN (2)
Full Name __________________________________________________
Address (if different than above) _______________________________________________________
Work# _______________________________________________________
Cell Required
Day/Work Location _____________________________________________
E-mail Required

HEALTH HISTORY Required

List any current allergies: ________________________________________
List any current dietary restrictions: ________________________________
List any current or past medical treatment that would affect your child’s day at camp: ________________________________
List any activities your child should be restricted from: __________
Describe any current physical, mental, or psychological conditions requiring medication, treatment, or special restrictions or considerations while at camp: ________________________________
List any current medications (prescription and over the counter): ____________________________________________________
Reasons for the above medications: ____________________________________________________

Medications to be administered at camp must be in original container accompanied by written and signed instructions from the parents or doctor on a permission to medicate form. Example: Epi pen must be in original container. Campers may not carry medication at any time.

CURRENT IMMUNIZATIONS Required

Vaccinations are required by the NJ Department of Health prior to camp attendance. (Check One)

☐ I attest, by my signature following this statement, that all immunizations required by the NJ Department of Health for my child’s participation in camp are up to date and that my child has a current tetanus shot with the month and year stated below.

☐ Or, I attest that I have signed and provided to the Y a waiver exempting my child from vaccination due to religious or other reasons.

Date of last tetanus shot: Month ____________ Year ____________
Your child’s medical insurance carrier: ________________________________
Group Policy #: __________________________________________________
Name of Physician: _______________________________________________
Phone #: _______________________________________________________
Name of Dentist: ________________________________________________
Phone #: _______________________________________________________

Permission to Treat: Informed Consent – By signing this agreement, I believe that my child is qualified physically, mentally and emotionally for camp and understand there is some risk involved in all physical activities. I agree to place my child in the care of the camp staff, subject to its program policies. I give permission for him/her to take part in all camp activities and field trips. In the event the responsible parents/guardians cannot be reached, I give my permission to the medical personnel selected by the camp to transport, hospitalize, secure proper treatment for, and to order injections, x-rays, routine tests, anesthesia or surgery for my child and to release any records necessary for treatment, referral, billing and insurance purposes.

Signature Required
**PAYMENT SUMMARY**

<table>
<thead>
<tr>
<th>CAMPS</th>
<th>Age/Grade</th>
<th>Please check the box of the session(s) your child will be attending</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp Peanut Shell</td>
<td>(3½-5 years old)</td>
<td>○ Session 1: $882 June 26 - July 14*  ○ Session 2: $945 July 17 - Aug. 4  ○ Session 3: $945 Aug. 7 - 25</td>
<td></td>
</tr>
<tr>
<td>Before Care and After Care</td>
<td></td>
<td>○ Before Care: 8:00-9:00am  ○ After Care: 4:00-6:00pm</td>
<td></td>
</tr>
<tr>
<td>Pioneer Trails Day Camp</td>
<td>(3 years-grade 8)</td>
<td>○ Session 1: $1,358 June 26 - July 14*  ○ Session 2: $970 July 17 - Aug. 4  ○ Session 3: $970 July 31 - Aug. 11</td>
<td></td>
</tr>
<tr>
<td>Drop-off and Pick-up information: Choose one morning option and one afternoon option</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Choose a pick-up location:</td>
<td></td>
<td>○ Y pool (Pick-up at the West Essex YMCA)  ○ Town Pool (Livingston residents only – must provide pool badge and white t-shirt daily)</td>
<td></td>
</tr>
<tr>
<td>Teen Adventure Camp</td>
<td>(Entering grades 7-9)</td>
<td>○ Session 1: $1,190 June 26 - July 14*  ○ Session 2: $1,275 July 17 - Aug. 4  ○ Session 3: $1,275 Aug. 7-25</td>
<td></td>
</tr>
<tr>
<td>Vacation Camp</td>
<td>(Entering grades K-6)</td>
<td>○ June 22 - $85  ○ June 23 - $85  ○ August 21-25 - $430</td>
<td></td>
</tr>
</tbody>
</table>

**Note:** To enroll in Vacation Camp, Campers must attend a minimum of two-weeks at Pioneer Trails or Super Summer Day Camp.

*Camp closed on July 4th.

**Total Camp Tuition:** $7

**Deposit DUE AT REGISTRATION** ($50/week)

**Membership Fee:** $80 Individual/$150 Family (Required of all campers. Must be a current member through 9/1/17)

**Give the gift of camp!** (Donate to the Camp Assistance Fund)

**Camp Balance** (Minus Deposit) All Fees must be paid in full by May 15, 2017

*Make check payable to West Essex YMCA.

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**PARENT/GUARDIAN AND YMCA AGREEMENT**

* Please refer to our website for the overall Camp Information and Parent Handbook. Early Registration is recommended.

Rules for Acceptance and Participation in Camp – are the same for everyone without regard to race, color, national origin, sex, age or disability. All campers will be treated as individuals and respect will be shown for differences in tastes, preferences, abilities and range of behavior patterns. The Y reserves the right to dismiss a child from camp whose special needs we are not able to meet or whose conduct is not in the best interest of the total camp — without refund.

Current Membership and a $50 Deposit per week are required upon registration – deposit fee is applied to the total camp bill. Refund Policy: deposit fees are non-refundable and non-transferable. In the case of dismissal or voluntary withdrawal, there are no refunds of camp fees after May 15, 2017. If it is deemed advisable to dismiss a camper for medical reason, one-half of the unused portions of the session(s) will be refunded.

Discipline Policy – I will review and reinforce the camper conduct and other camp policies with my child prior to the start of camp. Discipline at the Y is handled with much care and thought. Redirection and positive reinforcement are used to help children understand proper behavior. Campers not following the conduct policy may be suspended or expelled with no refund.

Other Fees Include – $35 for changes in registration after March 31, 2017; $50 surcharge for late payments after May 15; late pick up fee of $15 per 15 minute interval starting from scheduled pick up time; $35 for returned checks.

All requested changes must be submitted in writing.

Photography Policy: The Y has my permission to use any and all photographs taken of my child in camp activities in Y publicity. The YMCA values the privacy of its members.

I have read all of the above information and I am fully aware of all of the terms and principles contained herein. All questions have been answered to my satisfaction. I agree that certain activities at the Y have risks which are inherent to the activity. No insurance has been included in membership or program fees. I further agree to indemnify and hold harmless the Y from any claims or demands arising out of any such injuries and losses.

**Parent/Guardian Signature (Required):**  
**Date:**
In an environment created to highlight personal growth, each camper is empowered to strengthen relationships by participating in a wide variety of activities designed to build lasting skills and memories. At camp, magic happens. Join us.

**SUMMER CAMPS**
June-August
Grades 2-11
- Traditional Sleep-Away
- Environmental Trips for Challenge (E.T.C.)
- Ranch Camp
- Specialty Camps
- Counselor-In-Training Program (CIT)

**ENVIRONMENTAL EDUCATION**
August-June
As NJ’s largest provider of residential Environmental Education, we provide a once-in-a-lifetime experience for students, teachers and parents. Leave the classroom and explore 660 acres of fields and forests, join your classmates on a geocaching adventure, or develop leadership and communications skills in a setting like no other.

**FAMILY AND SPECIALTY WEEKENDS**
August-June
- Family Camp Weekends
- Mother/Daughter Weekend
- Father/Son Weekend
- Father/Daughter Weekend
- Mother/Son Weekend
- Women’s Wellness Weekends

FAIRVIEWLAKEYMCA.ORG  1035 FAIRVIEW LAKE RD., NEWTON, NJ 07860  (P)  800 686 1166
Fairview Lake YMCA Camps is the summer sleep-away camp of the Metropolitan YMCA of the Oranges.