



SUPERHERO

ACADEMY

Session 1 / Week 1 - SCHEDULE

Monday, June 25th

- 7:00am-9:00am Super Morning Care
- 9:30am- 10:30am Super Ice Breakers/Games
- 10:30am- 11:30am Super History
- 11:30am- 12:30pm HEROIC LUNCH
- 12:30pm-1:30pm Super Training
- 1:30pm- 2:30pm Develop a Super Profile
- 2:30pm- 3:00pm SUPER PHOTO BOOTH
- 3:00pm-3:30pm Heroes await departure
- 3:30pm- 7:00pm Super After Care

Tuesday, June 26th

- 7:00am-9:00am Super Morning Care
- 9:30am- 10:30am Learn Super Oath & How to Spot a Villain
- 10:30am- 11:30am Super Hero Brainstorm
- 11:30am- 12:30pm HEROIC LUNCH
- 12:30pm-1:30pm Discover Powers Training
- 1:30pm- 2:30pm Complete Super Profile
- 2:30pm- 3:00pm Develop Logo/Emblem
- 3:00pm-3:30pm Heroes await departure
- 3:30pm- 7:00pm Super After Care



Wednesday, June 27th

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Super Hero Nutrition
11:30am- 12:30pm HEROIC LUNCH
12:30pm-1:30pm Develop Super Powers
1:30pm- 2:30pm Develop a Comic Layout
2:30pm- 3:00pm Complete Logo/Emblem
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care

Thursday, June 28th

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Develop Costume Ideas
11:30am- 12:30pm HEROIC LUNCH
12:30pm-1:30pm Super Villain Training
1:30pm- 2:30pm Work on Comic Layout
2:30pm- 3:00pm Create your tag lines
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care

Friday, June 29th

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Work on Costume
11:30am- 12:30pm HEROIC LUNCH
12:30pm-1:00pm Super Training Test & Evaluation
1:00pm- 2:30pm Fit 4 Kids Show – KID SPIDEY SHOW
2:30pm- 3:00pm Super Puzzles
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care



For more details and further info contact

Camp Director: Anjole King aking@metroymcas.org

SUPER HERO



ACADEMY CAMP

Session 1/Week 2-SCHEDULE

Monday, July 2nd

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Complete Costume
11:30am- 12:30pm HEROIC LUNCH
12:30pm-1:30pm Super Fitness Training
1:30pm- 2:30pm Super Video Ideas
2:30pm- 3:00pm SUPER PHOTO BOOTH
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care

Tuesday, July 3rd

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Work on Comic Layout
11:30am- 12:30pm HEROIC LUNCH
12:30pm-1:30pm Super Fitness Training
1:30pm- 2:30pm Complete Comic Layout
2:30pm- 3:00pm Work on Super Video
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care



Thursday, July 5th

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Complete Super Video
11:30am- 12:00pm HEROIC LUNCH
12:15pm- 3:00pm Trip to SKY ZONE
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care



Friday, July 6th

7:00am-9:00am Super Morning Care
9:30am- 10:30am Super Ice Breakers/Games
10:30am- 11:30am Review Super Oath & Super Profile
11:30am- 12:30pm HEROIC LUNCH
12:30pm-2:00pm Super Obstacle Course
2:10pm- 3:00pm Super Graduation
3:00pm-3:30pm Heroes await departure
3:30pm- 7:00pm Super After Care



For more details and further info contact

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