



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Welcome to Superhero Academy

Throughout the summer, your child will be engaged in many different activities which will help create lasting friendships, foster independence, promote super powers, develop social skills and instill our four core values of Responsibility, Respect, Caring and Honesty- all while having a fun and exciting day!

How will my child benefit from attending Superhero Camp this summer?

You can rest assured that your child will be safe and have super fun while attending Superhero Camp this summer. Beyond that we want to help your child gain positive developmental growth over the summer as well. As a result of our efforts we hope that you will see growth in your child in these areas:

- S** is for **SERVICE** the community
- U** is for **UNCONDITIONAL** support
- P** is for **POWERFUL** impact
- E** is for **EMPATHY**
- R** is for **RESPECT**
- H** is for **HONESTY**
- E** is for **EFFORT**
- R** is for **RESPONSIBILITY**
- O** is for **OPTIMISTIC**
- E** is for **ENCOURAGEMENT**
- S** is for **SAFETY**

At Superhero Camp we are giving special attention to the Y's four core values by incorporating super strategies and activities.

Our TRAINING ROOM - is equipped for super fitness training during the day to complement our super villain training as well. We'll have super fitness with CATCH- Coordinated approach to children's health and as Villains we'll attack unhealthy snacks and negative energy.

HEADQUARTERS

The headquarters room will be the main location to start our day. Morning announcements will begin with the Superhero Oath. Super campers will gain superhero history in this room as well as exploring our comic books at the Super Library. Campers play games, eat lunch and leave their costumes and supplies in this room.

Activities increase social skills as superhero camper's work together for team building. . With games like Spidey Sense Challenge, Superhero Obstacle Course and Super Freeze Dance were certain that your camper will have an amazing experience this summer!

Below are ways to make the first days of camp easier for everyone: the staff, the children and you!

How can my child and I get ready for the first day of camp?

- **Visiting the campsite before camp with your first time camper** will help to foster a smooth transition from home to camp- **Meet and Greet at the Civic House- 124 Dunnell Road, Maplewood on Saturday June 22nd. Come visit us from 1:00 to 2:00pm.** Please ring the doorbell for entry. We will take a tour of the rooms that we utilize during the camp day and will answer your camp questions. Our camp staff will be on hand to chat with all of you! The first day of camp is very exciting for the children and knowing in advance where they are going when they get to camp can help with first day 'jitters'! **We hope to see all of your new faces on June 22nd at 1:00pm!**

Items that your child will need for camp:

- Lunch/Snack- **In respect for our location and allergies all food must be free of pork, shellfish and nuts** (in a labeled lunchbox or bag with an ice pack or frozen water/juice box to keep it cold- they will not be refrigerated)
- **A backpack filled with:**
 - Bring your favorite superhero item (e.g. cape ,prop or character)
 - A super book/comic to read for 30 minutes during Explore 30 time. (A great initiative from the American Camping Association that helps to encourage at least 30 minutes of reading by all children at ACA accredited camps throughout the summer.
 - Engaging in more reading has been shown to help reduce summer learning loss.)
 - Plastic bag for the costume created during camp. Snack for the midday
 - Sunscreen - **We Do Not Swim** but when we go outside sunscreen may be needed.
 - Sprinkler Days- Need a change of clothes
 - Labeled disposable water bottle
- **Sneakers!** Your hero will be moving all day long. For their safety, they need to have sneakers or athletic type sandals with a **CLOSED toe** and a sturdy back strap (cros are not suggested). Dressy shoes, non- sporty type sandals, loose shoes and flip flops will **NOT BE PERMITTED.**

Lost Items

Please label EVERYTHING- with your camper's name. There will be a Lost and Found box in the headquarters room. All items in this box will be cleaned out at the end of each camp session.

Before Care

Before Camp Care starts at 7:00am. All staff and campers will be inside the Civic House.

You must register for Before

Care through the Welcome Center (973-762-4145) if you wish to drop off before 8:45am. Any changes, and additions but be communicated to the Welcome Center no later than the prior Wednesday for the following week.

Campers gather at the Civic House play games and read before moving to their designated area. The busy **SUPER** day officially begins at 9:00am.

Sign In/Out

All campers must be signed in/out by a parent or guardian. Alternate Pick Up forms are available at the Y-Welcome Center. **Campers not enrolled in Before Care may begin arriving at 9:00am. When you arrive after 9:00am please park on Dunnell Road and ring the bell for entry.** We will be located in the main room called HEADQUARTERS.

After Care

After Care is from 3:30pm to 7:00pm. It is only for campers who have previously enrolled in the After Care program. **Please contact our Welcome Center at 973-762-4145 to enroll now if you need After Care. Spots are limited!** Please notify us of any dietary restrictions. Campers will eat a snack provided, and participate in a variety of activities, such as arts and crafts, board games, and super training.

From 4:00pm-7:00pm the pickup location for aftercare is at the Civic House as well. Please ring the bell for entry. Everyone will be asked for photo identification when picking up campers for the first time. We have different staff in the morning than in the evening so please be patient when we ask for documentation.

Outside Pick Up

We go outside again beginning at 3:00pm-3:45pm. Please remember that you must sign your camper out. Note that pick up time is our busiest time!!! We will have outside pick up to ensure a smooth transition and while following safety procedures. Thank you for adhering to this important safety rule! **Pick up for non After Care campers ends at 3:45pm.** You must arrive by this time in order to avoid a late fee.

We will continue to offer convenient pick up options for After Care campers as well. In order to alleviate parking concerns, you will have the option to notify the camp director via email to aking@metroymcas.org **in order to notify about your pick up time.**

If you will be carpooling this summer, please be sure to use the Alternate Pick Up Form. Our Welcome Center can assist you with this form.

**If someone other than yourself will be picking up your child, and they are not listed as an Emergency/Alternate Pick Up on your camp registration form, you must provide us with

an alternate pickup form that morning at drop off. Your alternate pick up person will be asked for photo identification before we will allow your child to get into the car with them. ***Please remember that After Care ends at 7pm. If you are late picking up, you will be charged a late pick-up fee of \$15 in 15 minute increments.** Please don't hesitate to call us with any further questions or comments you may have now or in the future about camp. We are always open to your suggestions and ideas. Our Camp Cell phone number is (862) 438-1730. Thank you for enrolling!

Yours truly,

Anjole King

Superhero Academy Camp Director

