



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Week 2: July 1<sup>st</sup> – 5<sup>th</sup> Stars and Stripes!

### Figure It Out

#### 4<sup>th</sup> of July Bandanas

*There are millions of these things seen in the sky at night. The closest one to planet Earth is called the sun which shines so bright. What am I?*

Campers will decorate a white bandana with red & blue fabric paint using a STAR stencil.

### Amazing Artists

#### YKnots 2 only

#### Summer Blast Off

*What a grand ol' flag!*

Campers will discuss the patriotic collages and sculptures made famous by the American born artist Jasper Johns. They will then create their own patriotic mixed media art.

### Mix it Up.

#### Firecracker Jell-O

*It's a blast of flavor!*

Campers will follow the Jell-O recipe to make red and blue Jell-O. They will add a dollop of white Cool Whip and some red licorice to create their firecrackers!

### Natural Wonders

#### Fireworks Printing

*Imaginative Illuminations!*

Using recycled (washed plastic forks) campers will design their own fireworks on newspaper using red, white & blue paint.

### Special Events

#### Events for Wednesday, July 3<sup>rd</sup>

*\*FIELD DAY!*

*Wear red, white, & blue  
AND*

*\*Snow Cones!!*

**:::REMINDER:::**

**Camp is CLOSED on Thursday**

**Happy 4<sup>th</sup> of July!**

### Dancetinations

#### Olympic Style Gymnastics

*Dance is Dynamite!*

Campers will travel back in time to Ancient Greece!

We will discuss the origin of gymnastics and its introduction into the Olympic Games. Then they will fast forward to modern day Olympics and learn a floor routine full of tumbles, rolls, jumps & spins!

### In It to Win It

#### Whirl and Twirl

Each week campers will race against the clock to complete two separate tasks.

Campers will cut red, white & blue ribbons and create plastic cup twirlers. Then they will race the clock to whirl & twirl to the finish line.

### Healthy U

#### Rainbow Firework Spectacular *Boom! Boom! Pop!*

Campers will start out by stretching and warming up. They will be introduced to the rainbow parachute and each camper will hold a colored handle. They will follow directions and attempt to pop all the fuzzy balls into the sky. They will also work together to switch colors and create "The Big Top."

### Imagination Station

#### YKnots 1 ONLY Sparkle Swabs

**SNAP! BOOM! CLAP! CRACK!**

Campers will sing a fireworks song and use their fine motor skills to create their own fireworks paintings using unconventional tools: Q-Tips!!