



## **SKATEBOARD HALF DAY CLINIC**

**Ages:** Entering Grades 2-5

**Dates:** June 30-August 8 (weekly)

**Time:** 9:30-12:30p.m.

Campers can transition in the afternoon to SOMAPY 1 for an additional fee.

**Location:** South Mountain YMCA parking lot, 13 Jefferson Ave, Maplewood  
Skateboard all morning, make new friends, challenge yourself, improve your skills, and enjoy some fun competitions. We focus on skills on taking your skateboarding to the next level.

**PlayerSpace Communication:** Our summer camp program uses PlayerSpace, a management system where you input essential camper information (emergency contacts, health details, etc.). You'll receive an invitation via email to create your account. **This information must be completed before your child's first day at camp.** If you have trouble with PlayerSpace, contact us at [playerspace@metroymcas.org](mailto:playerspace@metroymcas.org).

**Sign In/Sign Out Waiver :** To walk home unsupervised from the clinic, request a Sign In/Sign Out Waiver from our Welcome Center or clinic coordinator. Complete form and email [malughner@metroymcas.org](mailto:malughner@metroymcas.org) or give directly to the clinic coordinator.

**Skill Level:** All levels welcome. Staff works with skateboarders at their level to progress. All participants are educated in skateboard safety and skate park etiquette. These include unwritten rules of how to share space in a skate park and ways to fall that minimizes injury. Group activities include board maintenance, various games and contests.

### **Equipment & What to Bring**

Supply your own skateboards & safety equipment.

Helmet required.

Elbow pads and kneepads are highly recommended.

Backpack without wheels

Sunscreen

Reusable water bottle (preferably 12oz and up)

### **Sample Daily Schedule**

9:30-9:45am: Check-in and warm-ups

9:45-10:30am: Groundwork

10:30-11:15am: Ramp Challenges

11:15-11:45am: Free Skate

11:45-12:15pm: Ledge and Stair Tricks

12:15-12:30pm: Challenge of the Day

Camp Administrator

Michael Laughner, Director of Youth Sports and Wellness

[mclaughner@metroymcas.org](mailto:mclaughner@metroymcas.org)