



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COUNSELOR IN TRAINING APPLICATION CHECKLIST

Please check off EACH item prior to submitting your application.

STEP ONE

- Both pages of the application are complete.** Please print as clearly as possible or submit a typed version of the questions and answers.

- THREE (3) Complete Reference Forms** submitted. They can be from anyone that can best speak to your character but should have known you for at least one year. Teachers, coaches, etc are acceptable. One relative or close personal reference must be included. Please have the reference from placed in a sealed and signed envelope.

- Indicate which camp you wish to train with.** You will need to determine now as we only conduct one interview which camp you are interested in. As a part of the program you will experience all camps. This can also be changed throughout the session(s) you attend.

STEP TWO

1. Place both the application and three letters of reference in a single envelope/package (You can use the envelope provided).
2. Please address and return to :
Youth & Family Engagement Director, Lisa Sheaffer
3. Either mail or drop off to the WAYNE YMCA
1 Pike Drive, Wayne, NJ 07470



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WHITE PINES DAY CAMP COUNSELOR IN TRAINING

Greetings from Camp!

Before you begin completing your application be sure to read this letter.

Thank you for your interest in the White Pines Day Camp Counselor-In-Training Program. At the Wayne YMCA, we take the Counselor in Training Program very seriously. We believe the future of our camps lie within you. We will train you and give you the tools necessary to become a great counselor. You will be the one who determines how these tools are used. Whether you have been a camper before of this is your first experience with us, we believe you have the potential to be a great asset to the Wayne YMCA.

Please understand if you get accepted into the CIT Program you are no longer a "camper". This means from the moment you accept this position, you will need to be a positive role model at camp, at the YMCA and in public. As a CIT, you are a representative of the Wayne YMCA. Campers of all ages will now be looking to you for comfort, direction and guidance.

Throughout the summer, you will be working with the CIT Director on team building, activity planning, role modeling, problem solving and supervision. The other part of your CIT experience will be working within an assigned group of campers and staff. This will give you the chance to implement the skills you learned from the planning time with your CIT Director and peers.

Acceptance to the program is based off of this application and your letters of recommendation. Deadline is **May 15, 2019!** Follow up interviews will be arranged by the team that reviews your application. Previous CITs need to **ONLY** complete an application. Please make sure to check the "REUTRNER" line.

Thank you for your interest in becoming a White Pines Day Camp CIT.

Sincerely,

Lisa Sheaffer
Youth & Family Engagement Director
WAYNE YMCA



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WHITE PINES DAY CAMP CIT INFORMATION

Eligibility

In order to be considered, applicants must be Ages 13-15.

CIT Program Schedule

Session 1: July 1st - July 12th

Session 2: July 15th - July 26th

Session 3: July 29th - August 9th

Session 4: August 12th - August 23rd

Training and Program Information

The objective of the CIT Program is to better prepare the participants for future work with children, in or out of the camp setting. This is done through hands-on experiences, guidance from staff members and on-site training and workshops. Training and workshops will include ice breakers and games, child abuse awareness and prevention, positive discipline techniques, child development stages, the mission and philosophy of the YMCA, camp orientation and so much more. CITs will also plan and execute a service project for the YMCA.

CITs will frequently put their training in to practice, serving as an apprentice to a staff member in a camper group or program area setting. During their time in program areas, CITs will learn how to run the given activity and teach the skills to campers. CITs will also be assigned set-up and clean-up duties for lunch and snack, and other camp related chores as needed.

Are you ready to be a CIT? Ask yourself...

- Do I have a sincere desire to work with children?
- Would I like the opportunity to develop and improve my leadership ability?
- Do I enjoy a hands-on environment?
- Is an outdoor work experience right for me?
- Am I ready to become a role model for children?
- Can I handle the responsibility of being a camp counselor?
- Am I ready to put campers' needs ahead of my own?
- Am I ready to sing camp songs and show camp spirit?
- Do I have the ability to work well with others in a variety of situations?
- Are you ready to join the Wayne YMCA?

Challenges of the CIT Program

The CIT program may be challenging for young people on many levels. First, it takes a large amount of energy to complete all of the daily tasks and responsibilities of a CIT and maintain a positive attitude. Second, participants are usually in a transition period. Participants are no longer campers and must be willing to be a constant role model, placing the campers' needs in front of their own. Finally, CIT program participants often become future staff members. While this is a positive and exciting aspect of the program, it often leads to the CIT program becoming competitive. We want every participant to have a positive experience. Therefore, we challenge each CIT to push him or herself to achieve personal goals in their work with children rather than focusing on a competitive edge for future hiring.



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WHITE PINES DAY CAMP CIT APPLICATION

Returner Check HERE: _____

Name:		Age:
Address:		
City:	State:	Zip:
Home Phone:	Cell Phone:	
Email:	School:	
Please indicate which camp you would like to be placed with:		
White Pines Day Camp	ABC Early Learning Center	Sports Camps

We have a limited number of CIT openings. We accept the strongest candidates who are the most qualified and that demonstrate a desire to learn and grow as both counselors and leaders in our community. CIT positions do not guarantee a position on staff in following years.

There are a lot of things you could do this upcoming summer. Why pick this? Whose idea was it? Why do you want to be a CIT?

What would you like to get out of the program as a CIT?

Please give an example of something that you are proud of, maybe something challenging, that you were able to do because of hard work and being responsible?

Please give an example of how you handle situations that become stressful?

How do you think being a CIT is different from being a camper?

Please list any clubs, organizations, jobs, sports or activities that you participated in.

Please list any experience you may have working/volunteering (i.e babysitting, observing siblings, etc.) with ages 5-10? (Lack of experience doesn't disqualify you from the program)

If you have participated in camp or any other camp experience what specific fond memory do you have? To the opposite what specific memory do you have that is the least fond?

Part of a successful CIT's make up is being enthusiastic about summer camp and its activities. Do you consider yourself this type of person? If so, explain.

Is there any other information that you would like to add that would help us make our decision?

IMPORTANT: Three Letters of Recommendation need to be enclosed with this application to complete the process. DEADLINE May 15, 2019. Letters of recommendation can come from anyone that can speak best to your character (teachers, guidance counselors, coach, mentor, neighbor, team captain, etc.)

I have read and answered the questions above and feel that my participation as a CIT will enhance the program for campers, staff and fellow CITs.

Candidate's Signature

Date

Parents Signature

Date