



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Safety Around Water

Swim lessons save lives!

This FREE program will teach:

1. Roll, float, and reach the water's surface.
2. Safely reach a pool's edge and exit
3. Always ask permission and other safety topics



June 24 – 28, 2019

West Essex YMCA

321 S. Livingston Ave, Livingston

Phone: (973)992-7500 Fax: (973)992-7680

REGISTRATION

Adult 1:	DOB:	M - F
Adult 2:	DOB:	M - F
Child 1:	Age:	DOB: M - F
Child 2:	Age:	DOB: M - F
Child 3:	Age:	DOB: M - F
Child 4:	Age:	DOB: M - F
Address:		
Home Phone:	Mobile:	
Email:		
Signature of guardian:		



SCHEDULE

Ages 3-5: 5pm – 5:30pm
Ages 6-13: 5:30pm – 6pm
Adults: 8pm – 8:30pm

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