



[www.simplygourmetlunches.com](http://www.simplygourmetlunches.com)



### **Why nurturing parents choose **Simply Gourmet** lunches for their children:**

- Our website is designed to make your ordering and your payment experience convenient & simple. You will also find a great deal of information about our meal choices, ingredients, nutritional data as well as our full catering services.
- We offer products that are **free** of trans fats, artificial preservatives, GMOs, artificial colors, flavors and sweeteners.
- Farm to table- we truly live by this...all produce that can be “locally grown” is brought in fresh to us from **local farmers year round**; all other produce is brought in fresh daily.
- Each of your meal components can be fully customized; bringing great value to you and ensuring your child will enjoy the selections you have made.
- Our food is prepared fresh daily. We do not serve micro waved or processed foods; nothing is ever fried.
- Many recipes are started from scratch to ensure the highest nutritional levels.
- Our chicken & beef products are all hormone-and antibiotic-free. We offer Purdue “HARVESTLAND” all natural chicken tenders and we use “Applegate Naturals” cold cuts, NO GMOs; NO ANTIBIOTICS!
- Our milk is rBST (free of milk production hormones) and free of antibiotics.
- We feature many organic, vegetarian & gluten free options (click the “edit” button on your menu to see the many daily choices)
- Our sandwich bread and bagels are whole wheat and delivered to us from a local bakery. We do not use frozen bread products.
- We use only products that are free of nut ingredients.
- All of our meals are packaged in recyclable or biodegradable containers.
- We offer age-appropriate portion sizes and meal components to support a child’s growth into a healthy weight.
- We balance wholesome meal options with keeping an eye on cost so that all can enjoy.

At Simply Gourmet, we think you should “fuss” about your child’s lunch.

Please call us if you need any further assistance. 😊 We are here to help you! **973-891-1955**.