



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WH _ ?

METROPOLITAN YMCA OF THE ORANGES
2011 Annual Report



Kenneth D. King, Ed.D, Chairman, Board of Directors and Richard K. Gorab, President/CEO.

Dear Friends,

The Metropolitan YMCA of the Oranges is deeply rooted in the communities we serve. We are made up of people of all ages and from every walk of life, all working side-by-side to ensure that everyone, regardless of gender, income or background, has the opportunity to live life to its fullest. We value caring, honesty, respect and responsibility, and everything we do stems from this. Our 1,010 staff and 510 volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to strengthening community.

Together, we use our knowledge to develop stronger, more integrated communities, provide support for people and families, and promote positive change.

In 2011, our Y...

- **Raised over \$ 1,000,000** in our Strong Kids Campaign.
- **Awarded nearly \$ 1,074,000 in direct financial assistance** to 4,737 children and families who otherwise would not be able to benefit from the Y. In addition to direct assistance, we provided **over \$ 1,600,000 in program support and overall community benefits.**
- **Opened the Wayne YMCA.** The Wayne YMCA, formerly the YW-YMHA of North Jersey, is the Metro YMCAs largest facility providing 100,000 square feet of program space.
- **Added over 800 square feet** of new health and wellness areas at the West Essex YMCA to ensure every member has an exceptional experience.
- **Provided 750 children and parents with a week of YMCA SPLASH,** a free water safety and basic swimming skills program.
- **Invested \$ 1,600,000** in land, building and equipment upgrades enhancing our ability to operate quality programs and facilities.

We thank you, our donors and volunteers, for joining with us to make a difference in our community. Your time, talent and resources have enabled us to welcome everyone and empower people to be healthy, confident, connected and secure. Our Board members have led with wisdom and compassion, our partners have worked tirelessly beside us, and our amazing staff has consistently exceeded expectations. We are deeply grateful to you all. We invite you to join us in celebrating the highlights on the following pages which give evidence to how we are strengthening our community!

Kenneth D. King, Ed.D
Chairman, Board of Directors

Richard K. Gorab
President/CEO



MISSION STATEMENT

The Metropolitan YMCA of the Oranges enriches the lives of the children, families and communities we serve, through programs that build spirit, mind and body, welcoming all people, in an environment nurturing positive values.

METROPOLITAN YMCA OF THE ORANGES

139 East McClellan Avenue
Livingston, NJ 07039
metroymcas.org
P 973 758 9622

EAST ORANGE YMCA

100 North Arlington Avenue
East Orange, NJ 07017
eastorangeymca.org
P 973 673 5588

FAIRVIEW LAKE YMCA

1035 Fairview Lake Road
Newton, NJ 07860
fairviewlakeymca.org
P 973 383 9282

SOUTH MOUNTAIN YMCA

13 Jefferson Avenue
Maplewood, NJ 07040
smountainymca.org
P 973 762 4145

SUSSEX COUNTY YMCA

15 Wits End Road
Hardyston, NJ 07419
sussexcountyyymca.org
P 973 209 9622

WAYNE YMCA

1 Pike Drive
Wayne, NJ 07470
waynymca.org
P 973 595 0100

WEST ESSEX YMCA

321 S. Livingston Avenue
Livingston, NJ 07039
westessexymca.org
P 973 992 7500

NURTURING ENVIRONMENT MAKES A DIFFERENCE



"My name is Xavier Harris and I am a sixteen year-old Junior attending West Orange High School. I was introduced to the Y when I was a three year-old participating in a mommy and me swim class. After several successful YMCA swim lessons, I joined the Y swim team at age seven. Then, in High School, I relied on my skills and confidence that I learned from my swim coach at the Y to propell me to the varsity team in my Freshman year.

I have participated in Y programs throughout the years and have grown

as an individual in many ways because of the Y. I am currently the Vice President of the Y Teen Leaders Club at the West Essex YMCA. Being a part of the Teen Leaders Club at the Y has helped me be more responsible as an individual and learn how to give back to my community with service projects.

Last summer, I helped organize a trip to the Heifer International Learning Center at Overlook Farm in Rutland, Massachusetts. The camp taught us what it is like to live in a third-world country like Kenya or Ghana. We

learned how to make our own food from scratch, how to live in a global village, feed and take care of animals, and how to successfully work together as a family. We learned so much from this experience. I am more humble now realizing how fortunate I am to have a caring family, great education, food on my plate and a roof over my head. I was able to learn first-hand how families and children in other countries live. I am so thankful for the Y."

I AM WHY.

Because I am the future.



Nurturing the potential of every child and teen

We believe the values and skills learned at an early age are vital building blocks for the future. Because of the Y, kids in our communities are taking a greater interest in learning and making smarter life choices. At the Y, kids learn their ABC's, learn to share, learn about sportsmanship and, most importantly, learn how to be themselves. That makes for confident kids today and contributing and engaged adults tomorrow.

2011 Highlights:

20,309 children were provided a safe place to learn skills, develop healthy, trusting relationships and gained confidence through Y values at one of our 39 child care facilities.

Whether it was the nearly 4,200 youth gaining the confidence that comes from learning to swim, or the 5,259 youth building positive relationships that lead to good sportsmanship and teamwork through sports. The Y helps youth learn about being active and developing healthy lifestyles they will carry with them throughout their lives.

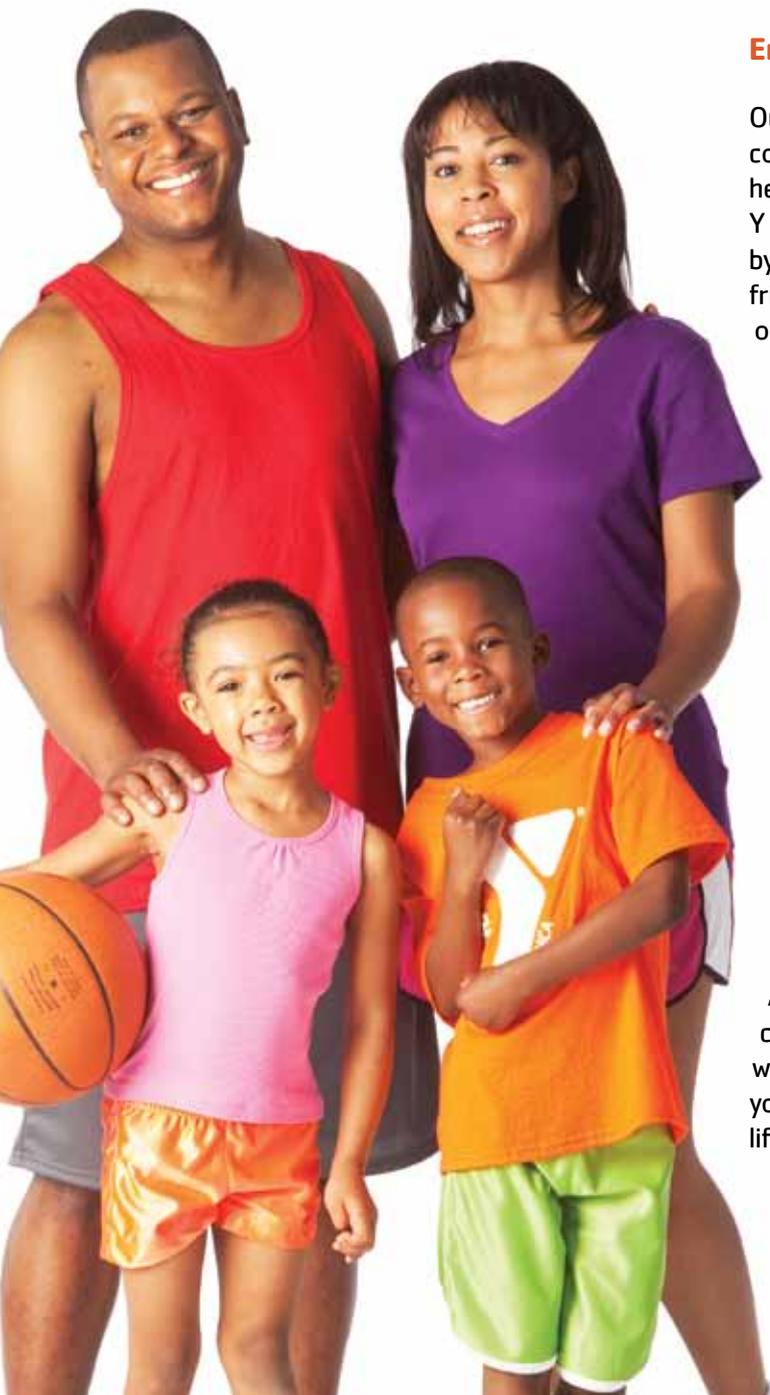
Through leadership and academic enrichment programs, every child has the opportunity to envision a positive future and take an active role in strengthening our community. Over 175 teens participated in leadership development programs such as teen leaders clubs and service learning.



"The YMCA is not just a child care place. My daughter learns how to interact with kids, make friendships, play games like checkers, chess and basketball. She always finishes her homework. The YMCA is an essential part of her life." - West Essex Y Member

WE ARE WHY.

Because being healthy is important to our community.



Energizing Healthy Living

Our Y will always be dedicated to building healthy, confident, connected and secure communities. Being healthy means more than just being physically active. The Y is a place where you can work toward a balanced lifestyle by challenging yourself to learn a new skill, meet new friends, or spend time with your loved ones through one of our many family-centered activities. At the Y it's not about the activity you choose, as much as it is about the benefit of living healthier.

2011 Highlights:

Learning to swim is a critical safety skill for any child in an area defined by lakes, rivers, oceans and reservoirs. The YMCA provided more than 3,250 children with water safety and swimming skills through YMCA SPLASH, a free water safety and basic swimming skills program.

Whether you want to meet new people or simply want to pursue a new hobby, the Y brings together people who love to learn. Last year, 181,902 people learned a new skill, discovered new friends, or explored their artistic side through programs and classes at the YMCA.

Through unique collaborations such as our integration with the Young Mens-Young Womens Hebrew Association of North Jersey, programs combating childhood obesity, adaptive swim classes for children with special needs and a nutrition and fitness program for youth and families, the YMCA continues to provide healthy lifestyle opportunities for all.



"I came to the Y because I knew it had equipment that would strengthen my muscles and help me continue to lose weight. I also knew everyone would accept me and that I could afford a membership. I didn't know it would also strengthen my soul." - Sussex County Y Member

YOU ARE WHY.

Because by giving back we support our friends and neighbors.



Inspiring Social Responsibility

The Metro YMCA of the Oranges has been listening and responding to our communities most critical social needs for more than 126 years. We know that when we work as one we move people and communities forward. That's why we are committed to providing support to our neighbors and opportunities for kids, adults and families to give, join-in or advocate in the name of a stronger community.

2011 Highlights:

Through the Strong Kids Campaign the generosity of others is at the core of our mission. In 2011, our 264 Strong Kids Campaign Story tellers raised \$1,100,00. With the support of over 6,476 donors we were able to provide 4,737 scholarship opportunities for children and families in our communities.

There is no other volunteer organization quite like the Y. It is only through the commitment of our 421 program and policy volunteers that we are able to give back to the communities we serve.

We are a powerful ally and advocate for our communities. Last year, through our strong partnerships and collaborations with local corporations and foundations we were able to expand our impact on such issues as childhood obesity, diabetes prevention and the overall health and well being of our community.



"The Y allows our family to participate in activities together. We try to do as much as we can every day with each other. The Y provides our family the venue with activities that would have been impossible otherwise."
- Wayne YMCA Member

2011 OPERATING FUND

In 2011, the Metropolitan YMCA of the Oranges raised \$2,958,978 from individuals, corporations, foundations, and local, state and federal public sources for restricted and unrestricted purposes. Additional in-kind contributions and services for 2011 totaled \$559,495. It is through this financial support that the Metropolitan YMCA of the Oranges is able to further its cause-driven promise to strengthen the foundations of community.

REVENUE	AMOUNT
CONTRIBUTIONS AND GRANTS	\$2,958,978
MEMBERSHIP	\$3,451,502
PROGRAM	\$15,463,969
OTHER	\$562,952
TOTAL REVENUE	\$22,437,401

EXPENSES	AMOUNT
PROGRAM SERVICES	\$18,461,507
SUPPORTING SERVICES	\$3,560,482
TOTAL EXPENSE	\$22,021,989

2011 audited financial statements examined by R.A. Fredericks & Company, LLP



VOLUNTEERISM

Volunteers are the core of the YMCA. In 2011, our YMCA saw **510 volunteers** donate **21,774 hours** of service. Community members come to the Y to volunteer as a means of seeking experience, community involvement, socialization, and even giving back for benefits they received. The services and outreach provided by the Y are available because of the number of volunteers. From Youth Sports, to community events, to Board Members, to office helpers, the Y community is stronger thanks to them.



COMMUNITY IMPACT

181,902Total number of program participants
 21,162Total number of members served
 9,257 Total number under the age of 18
 4,987 Total number of participants in community wide events in 2011
 3,250 Total number of SPLASH participants in 2011
 1,010 Total number of YMCA staff (full and part time)



BOARD OF DIRECTORS

The Metropolitan YMCA of the Oranges Board of Directors provides governance, policy direction, and fund-raising support for the entire association. The visionary leadership of these volunteers helps us provide extraordinary youth development and healthy living experiences throughout our service area.

For a complete list of our Branch's Board of Managers, visit metroymcas.org.

Kenneth D. King, Ed.D
Chairman

Susan P. Ascher
Vice Chairman

Stuart Vorcheimer
Treasurer

Ted Foung
Secretary

Kristen Boni
Robert E. Constant
Elizabeth Jones Crandall, MD
Valerie W. Crawford
Tammy Dandino
Kenneth A. DeGhetto
Theodore J. Doll
Lawrence Fechner
Thomas D. Gibson

Jan Gomperz (Emeritus)
Paul A. Gomperz
Alease Griffith, Ed.D.
Steve Gunderson
Russell A. Jones, Jr.
Butch Kimball
W. Joshua Levering
Keith A. McMurdy, Esq.
Earl Mohr
J. Edward Murphy, II
Martin Ostroff
Michael J. Quigley, III
(Emeritus)
Gustav A. Schmidt
Peter Schofel
Ronald Schwarz
Eugene Slaughter
Bill Sumas
Frank M. Warr

BRANCH BOARD CHAIRS AND BRANCH EXECUTIVES

EAST ORANGE YMCA

Robert Constant - Chairman
Dr. Tonya Xavier-Cook - Vice Chairman
Natalie Tyler, MPA - Executive Director

FAIRVIEW LAKE YMCA

Butch Kimball - Chairman
Matt Block - Vice Chairman
Bob Kahle - Executive Director

SOUTH MOUNTAIN YMCA

Tammy Dandino - Chairman
Dr. Gerald Gonsalves- Vice Chairman
Marcia Meehan - Executive Director

SUSSEX COUNTY YMCA

Frank M. Warr - Chairman
Jarrod Cofrancesco - Vice Chairman
Lisa Pompey Smith - 2nd Vice Chairman
David M. Carcieri - Senior Executive Director

WAYNE YMCA

Lawrence Fechner - Chairman
David M. Carcieri - Senior Executive Director

WEST ESSEX YMCA

Kristen Boni - Chairman
Jayne Petrocelli - Vice Chairman
Helen Flores - Executive Director



"After six months of volunteering on the Board, and being a Co-Chairman for the 2012 Strong Kids Campaign, I can say it has been one of the best decisions I've made. I'm volunteering for an association where I know my talents are appreciated and my wisdom is valued. It is easy to recognize how important the work of the Y is and how it contributes to the children, families and communities it serves. I also didn't realize how much fun I would have. I have met so many wonderful volunteers and staff members that have such passion for the work they do. I look forward to continued service to the Y."

- Ronald Schwarz